

## Outbound, Monday to Friday

	563 <sup>1</sup>	563 <sup>1</sup>	563 <sup>1</sup>
<b><i>Penrith, Rail Station, o/s</i></b>	09:15	10:50	13:30
<b><i>Penrith, Bus Station (P), Stand 5</i></b>	09:20	10:55	13:35
<b><i>Penrith, Bus Station (P), Stand 5</i></b>	09:20	10:55	13:40
<b><i>Penrith, Health Centre, o/s</i></b>	09:23	10:58	13:44
<b><i>Temple Sowerby, Post Office, opp</i></b>	09:34	11:09	13:55
<b><i>Kirkby Thore, Bridge End Inn, o/s</i></b>	09:38	11:13	13:59
<b><i>Kirkby Thore, War Memorial Hall, at</i></b>			14:04
<b><i>Appleby-in-Westmorland, The Sands, o/s</i></b>	09:47	11:22	14:16
<b><i>Appleby-in-Westmorland, Moot Hall, opp</i></b>	09:49	11:24	14:24

<sup>1</sup> Journey does not run Bank Holidays, Christmas Eve, New Year's Eve

## Penrith - Appleby

Service operates from 04/09/2017 until further notice

Service operates Monday to Friday, every day of the year

## Inbound, Monday to Friday

	563 <sup>1</sup>	563 <sup>1</sup>	563 <sup>1</sup>
<b><i>Appleby-in-Westmorland, Moot Hall, at</i></b>	09:50	11:25	14:25
<b><i>Appleby-in-Westmorland, The Sands, opp</i></b>	09:58	11:27	14:27
<b><i>Kirkby Thore, Bridge End Inn, near</i></b>		11:35	14:35
<b><i>Kirkby Thore, War Memorial Hall, at</i></b>	10:12		
<b><i>Temple Sowerby, Linden House, o/s</i></b>	10:22	11:40	14:40
<b><i>Penrith, Health Centre, at</i></b>	10:33	11:51	14:51
<b><i>Penrith, Bus Station (P), Stand 5</i></b>	10:38		
<b><i>Penrith, Rail Station, o/s</i></b>	10:45	11:59	14:59

<sup>1</sup> Journey does not run Bank Holidays, Christmas Eve, New Year's Eve